



Asquith Mixed Probus Club BULLETIN

President's Corner.

Our first few meetings in our new location have managed reasonably well, although there have been a few teething problems, especially in relation to the Morning Tea arrangements. The management have apologised for their oversight, and your Committee have taken steps to ensure that everything is checked before each meeting begins.

The benefits of meeting at Magpies have been realised, with the blessings of undercover parking during heavy rain, proximity to the railway station, easy walking distance from Hornsby, and a lift for easy access. In relation to the latter, I would remind you that the lift does not work, and the front doors do not open until 10:00am.


Another benefit is that there are three different options for dining after our meetings: The Kitchen, with a good range of dishes, the Lucky Magpie Asian Cuisine, with excellent Asian food, and Peggy's Café, for a light meal, or a cup of coffee or tea. If you use your Membership Card when ordering, there is a discount, which soon more than covers the cost of Membership.

All our regular Club activities are under way, with some very active leaders and some exciting options. The one that is missing is Theatres, because no-one has offered to take on the leadership of this. Many have enjoyed the various discounted entertainments that this has opened up for us in the past, but there will be no more unless one, or two of you put your hands up.

Thank you to those who are remembering to wear your Name Badges. This, as I have said, is not for your sake, but as a help to others, who don't know, or can't remember your name. Also, we had one useful comment in the Suggestion Box last month. If there is anything that needs praising, or correcting, or any suggestions for future activities, PLEASE let us know.

Finally, please see if you can speak to someone you haven't met before, especially if they are new, or visiting. May the Month of May be full of happiness (even if there is a Federal Election!)

John Davies

Meeting Dates General Meeting. Thursday 5 May 2022 at Magpies, 10am for 10.30am start. Thursday 2 June 2022, at Magpies, 10am for 10.30am start. Website: https://www.asquithmixedprobus.org.au Email: info@asquithmixedprobus.org.au webmaster@asquithmixedprobus.org.au	Bulletin Editor: Sylvia Gratton  Asquith Mixed Probus Club Inc. The Secretary AMPC, 9 Warruga Crescent, Berowra Heights 2082 Formed by the Rotary Club of Berowra on 2 October 2008. Club No: 9003799 District: 9685 PD3 Inc. No.: 9890687 Bendigo Bank details for deposits. BSB No: 633-000 Account No.: 139 637 029	PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probus South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probus Club use only and is not to be used for any other purpose.
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COMMITTEE NOTES - April 2022

1. **Theatre Parties** - We are still looking for a member to be our Co-ordinator.
2. We are looking at offering **First Aid Training** to a few Walks and Activities organisers. Members will also be invited to train at their own expense.
3. **Probus Health Check Forms** - These were given out at April meeting, could members please return completed forms at May meeting?
4. Planning for Birthday Party in October is underway. More to come.
5. Committee approved the **Activities and Tour Report** which covers this year, and tours for next year.

Jindabyne tour is filling up - 13-18th November. Put your name down if you are interested.

An 8 day tour of **Eyre Peninsular in SA** is booked for 20th July 2023. It was a great show of hands for this tour!

6. Could members please contact me by the Tuesday before the next meeting to register, as Barry Willick will be absent and I need to let the Club know how many will be in attendance?

Pam - or email.

UPCOMING EVENTS

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	4	
1 st & 3 rd Wed. 10am	500 Cards Magpies	Mary Glasby	4	
5 th May	General Meeting	John Davies		
11 th May	Dolls	Barbara Williamson	4	
12 th May	Committee Meeting	John Davies		
19 th May	Car Observation Fun Run	Angus Dougall	6	
26 th May	Walk- Historic Hunter's Hill	Laurie Keaton/Kevin	10	
2 nd June	General Meeting	John Davies		
8 th June	Dolls	Barbara Williamson	4	
9 th June	Committee Meeting	John Davies		
16 th June	Outing	Mal Steel	6	
23 rd June	Walk – Bondi to Coogee	Laurie Keaton	10	
30 th June	5 th Thursday BBQ – Galston	Lance Williamson		
13-18 th November	Jindabyne Tour	Mal Steel	7	
3 rd Weds of Month	Men's Group Magpies	Robert Allison	4	

Treasurer's Report as at 11 April 2022

Income received for year to date	\$8,751
Offset by expenses of	\$1,622
Year to date surplus balance	<u>\$ 7,129</u>
 Add previous year's surplus of	<u>\$11,290</u>
Gives an overall member surplus of	<u>\$18,419</u>
 This surplus consists of cash of	\$19,600
Less liabilities – mainly activities paid in advance	<u>\$ 1,181</u>
Total member equity	<u>\$18,419</u>

Angus Dougall 11 April 2022



Payment of Monies

The procedure for payment for now is as follows:

All cash or cheques should be placed in an envelope with your name and activity written on the outside.

Envelopes will be retained by Treasurer as a receipt, and bank statements will confirm payments by EFT.

Please pay **EFT's** prior to monthly meetings including your name and outing abbreviation. Print and retain a copy of the bank receipt.

Monies paid by Electronic Funds Transfer (EFT) should be made to:

Account Name: Asquith Mixed Probus Club
BSB: 633-000
Account: 139 637 029

Please advise the outings organiser if you are unable to attend an outing and advise Treasurer if refund or transfer to a different activity is required.

Payment of Tours & Excursions by EFT

When paying your tours and excursions by EFT, don't forget to put your NAME and the TOUR name in the EFT Reference column

If you get a receipt from the bank, please email a copy to Angus Dougall (assist. treasurer) as he is keeping all receipts for 12 months on your behalf in case of cancellations or other issues. Angus's email is

Please don't send receipts to me.

I get a list of ALL paid members from Angus, from which I order tickets for an event.

Regards

Mal Steel

Tours and Excursions

DOLLS When? the Wednesday following our monthly 'member meeting' at 10:15 for a 10:30 start. Please join us for tea, coffee, cake and a chat. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit. Contact Barbara Williamson

MAH-JONG The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. Contact Pam Clarke for more information.

CARDS 500 cards held 1st and 3rd Wednesday of the month at 10am in the Pavilion at Magpies. New players welcome. Phone Mary at

MEN'S GROUP Meets 3rd Wednesday of the month at 10am in the Pavilion at Magpies. Contact Robert Allison

AMPC Men's Group	Robert Allison	Dolls	Barbara Williamson
Auditor	Robert Allison	5 th Thursday BBQ	Lance Williamson
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Theatres	
Dining out	Judy Thompson		
Cards 500	Mary Glasby	Walks	Laurie Keaton
		Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Helen Nancarrow	Assist. Tours/Excurs.	Lula Andersen

AMPC COMMITTEE MEMBERS 2021-22

AMPC Committee Members		Phone	Email
President	John Davies		
Vice-President Elect	Sandra Death		
Vice-President	Jim Jeffries		
Secretary	Pam Slater		
Treasurer	Angus Dougall		
	Committee		
Bulletin	Sylvia Gratton		
Hospitality	Judy Thompson		
Membership	Barry Willick		
Programme	Jim Jeffries		
Tours/Excursions	Mal & Suellen Steel		
Welfare	Vicki McPherson		
Assistant Secretary	Sandra Death		
Assistant Treasurer			
Historian/Public Officer	Sandra Death		

WELFARE REPORT

MAY 2022

Barbara Williamson is having a procedure this week and is hoping this will improve her health greatly.

Georgina Hughes is on the mend according to Vince. Georgina is moving more freely and will be 'out' and home soon.

Jane Platts is still in Hornsby Hospital for another 4 weeks. Jane is staying positive, as usual. Ron is getting on well with his gammy leg.

Denise Mayhew has had the dreaded covid and is still testing positive after 9 days but is feeling much better in herself. Barry on the other hand is a 'prisoner' in Probus Mount Wilga until Denise tests negative.

There are a couple of other people who are 'in the wars' at the moment but want to remain confidential. Our thoughts are with them.

We wish all those that are not well a speedy recovery.

Big hugs

Vicki



FIRST AID COURSE

Our club is planning to run a First Aid Course possibly in June or July this year.

The cost pp is \$110.00

it involves an enhanced online learning module that covers all of the theory content in a fun way with videos and quizzes.

On completion of this, a 3 hour face to face assessment session is held, probably in a local church hall.

The course covers CPR, use of defibrillator, Administering EpiPen, Asthma,

Also, first Aid such as choking, bleeding, shock, sprains and fractures, snake & funnel web bites, and breathing casualties.

on successful completion participants will be issued with a Nationally recognised certificate.

If interested in doing the course contact Judy Thompson or add your name to the list.



The State Theatre tour was fantastic. Our extremely knowledgeable guide explained the history of this lovely ornate building, providing an insight to how society has changed over the last nine decades. We even experienced the theatre from the stage with the famous Wurlitzer organ being played.



Tours & Excursions

OBSERVATION FUN RUN

19th May

\$15 pp payment and final registrations at May meeting

Meet at 9.15am at Galston RSL Club. Join in a fun day around the Hills District, observing and answering the questions being asked along the way...



touring

Lunch at your own cost will be at Galston R.S.L Club after the drive is finished

NUTCOTE

16th June

\$25 pp payment by June meeting

Devonshire tea and Guided tour of May Gibb's historic house

Nutcote is the former home of May Gibbs, creator of *Snugglypot and* The house and gardens have been restored as a museum reflecting the There are wonderful displays of Gibbs' personal artefacts, pictures, letters and other memorabilia. Nestled on the harbour at Neutral Bay, the house is set amongst picturesque gardens and includes a tearoom and gift shop. No wheelchair access to the house.



Cuddlepie.
1920's.
sketches,

- 9.26am train from Berowra, 9.36am Asquith, 9.40am Hornsby - 2nd or 3rd carriage
- There will be time for a quick toilet and/or takeaway coffee at Circular Quay before catching 10.55am ferry to Neutral Bay and then a bus 2 stops up the hill with a gentle 10 min walk to Nutcote



- Wander and explore the beautiful gardens at your leisure, taking care on the sloping paths and many stairs throughout the gardens that lead to the harbour's edge.
- Return journey is a 15 min stroll down the hill to ferry terminal. DIY lunch – suggestions - Thelma & Louise café at Neutral Bay Wharf, MCA rooftop café, Circular Quay eateries

1.30-3.30pm Guided Museum tour and holocaust survivor talk

- 10.26am train from Berowra, 10.40am Hornsby to Kings Cross Station
- Lunch at own cost at *169 Darlinghurst*, 5 min walk from station
- 10min, 400m stroll to Museum

NB. There is no lift in the museum. Access to 1st floor only via stairs.

Upcoming Excursions with details to be advised...

Auburn Gardens Cherry Blossom Festival -**18th August**

Naval History Cruise of Sydney Harbour- **FRIDAY 30th September**

JINDABYNE Trip away**13-18 November 2022****\$875pp** *No single supplement***\$100pp deposit** by June meeting

We are staying at the Lake Jindabyne Hotel, scenically located on the shores of the Lake.

Daily excursions with knowledgeable local guides. meals included whilst in Jindabyne.



All



We will visit many scenic attractions of the Snowy mountains including Thredbo village and chair lift, Eucumbene dam, Charlotte's Pass, explore the Snowy Hydro scheme, visit Berridale village and much more.

For full itinerary come and see us at the trip desk.

HUMOUR

I was in the six items express lane at the store quietly fuming.

Completely ignoring the sign, the woman ahead of me had slipped into the check-out line pushing a cart piled high with groceries. Imagine my delight when the cashier beckoned the woman to come forward looked into the cart and asked sweetly, "So which six items would you like to buy?"

(Wouldn't it be great if that happened more often?)



20 -27 July 2023

8 Day Eyre Peninsula Tour

A Great Coastal Journey to Port Lincoln, Ceduna and the Head of Bight

during Whale Season

A small group tour of no more than 20 people with Australian Iconic Tours showcasing natural wonders, local produce, history and the fabulous hospitality of the Eyre Peninsula.

Eyre Peninsula Tours Highlights & Inclusions

Pickup from Adelaide City Hotel around 7 am

All Meals from Morning Tea Day 1 until Lunch
Day 8

22 Meals – 7 Breakfasts, 8 Lunches, 7 Dinners

Drinking Water, Snacks and Fruit

3x Nights Award-Winning Port Lincoln Hotel

3x Nights Foreshore Hotel in Ceduna

1x Night The Standpipe in Port Augusta

Arno Bay and Tumby Bay Silo Art Port Lincoln

Whalers Way

Lincoln Marina Cruise

Axel Stenross Maritime Museum

Pildappa Rock

Mount Wudinna

Kimba Silo Art and Eyre Sculptures

Farmshed Museum in Kadina

Penong Windmills

Whale Watching Cruise at Fowlers Bay

Head of Bight Whale Watching

Whale Centre at the Head of Bight



Coffin Bay Oysters Tour and Tasting

Coffin Bay National Park

Boston Bay Wine Tasting

Line and Label Restaurant

Fresh Fish Factory Tour

Murphy's Haystacks



Elliston Historic Jetty

Talia Caves

Streaky Bay

Ceduna

Fully Guided Activities

For full itinerary come and see us at the trip desk.

approx. \$3000 pp to be confirmed after June 1, 2022

single supplement \$650

SPEAKERS

We have a very interesting speaker for our next meeting.

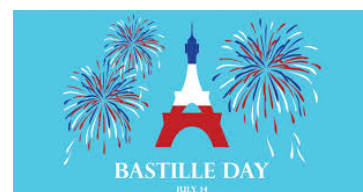
She is Dr Nikki-Anne Wilson whose research focuses on rare dementia syndromes.

Her contribution to the field has been recognised by multiple first-author papers in high-impact journals, a co-authored publication and 15 international and local presentations at conferences and symposia.

She has recently achieved a Sydney University Graduate Medal-
specifically The Rita and John Cornforth Medal for research excellence

Dining Out & Hospitality

We are celebrating BASTILLE DAY on Thursday 14 July at the beautiful function centre of ALLEGRO 1 Porters Road, Kenthurst.



Come and enjoy a delicious French regional menu lunch at 12 noon.

Please sign up at our June 2nd Probus meeting and indicate if you would like to Car Pool.

Phone Judy on 9477 3609 with queries.

Thanks,
Judy

YOU AND YOUR FRIENDS ARE INVITED TO



When: **Tuesday 10 May**

Time: **10-2** (don't worry if you're late the kettle is always on)

Where: **5/29 Hall Road Hornsby**

Park in the street, First townhouse on right up drive.

Follow the balloons.

All Welcome

Judy & Rhonda



Walk Report

Hopefully we will have perfected split bus travel necessary because of increased registrations. Hunters Hill will see more time for a comfort stop at Chatswood for both groups on this activity. The early start is due to the fact that the Gladesville bus route currently operates only during peak hours. Bus Travel has yet to be confirmed.

Hunters Hill offers great variety and sweeping river views with lunch at a great venue. A relaxing ferry trip back to cap off the day.

Thursday May 26 Historic Hunter's Hill

Lead Laurie and Kevin. (TBC) **Limited Registrations (40)***

What:

Medium: Easy 4.4 Hunters Hill Historic Homes, Kelly's Bush, Clarke

Point Reserve & Woolwich Pier Hotel. Moderate hill exiting the reserve. Track through Kelly's Bush is eroded and care is needed.

Long: Easy to Moderate 6.km approx. Hunters Hill Historic Homes, Mornington Reserve, Kelly's Bush, Clarke Point Reserve, Woolwich Dock and Woolwich Pier Hotel. There are significant steps exiting Mornington Reserve and Woolwich Dock.

Caution:

Both walks require firm enclosed walking shoes due to erosion of the track. Recent rains have made conditions slippery in some places.

Travel:

8.02 Berowra Train Hornsby 8.12 Arr Chatswood 8.40

Alternative 8.14 Berowra (CCN train) Hornsby 8.24 Chatswood 8.46

Long Walk Bus Route 530 (Burwood) Stand E 9.05 am*

Short Walk Bus Route 536 (Gladesville) Stand E 9.05 am

Return will be by Ferry from Valentia Street to the Quay and train.

Kevin checking tea site

Morning Tea: At Clarke's Point Reserve. Both Groups. Bring Your own



Lunch: At Woolwich Pier Hotel upstairs balcony.

* Bus travel to be confirmed due to timetable changes when school resumes.

Thursday June 23 South Bondi to Coogee Beach

I have yet to do the planning for this walk but the Longer Walk will be from South Bondi to Coogee with a medium length from Waverley cemetery to Coogee. Details will be in the June Bulletin.



At each monthly meeting, members are free to have a look at the books and jigsaw puzzles on display at the rear of the room. All the books are donated by members, and everyone is invited to take a book (or 2 or 3) home and read it at their leisure.

There is no charge, but if the book is in fair and reasonable condition, then you may care to return it at a future monthly meeting, by just placing the books back onto the exchange table. If you enjoyed the book, why not tell others who may be looking for a good read.

Additionally, members who have good modern paper-backs at home, which they have no intention of reading again, often bring these books along to become available for other members to read.

It is surprising how many keen readers belong to our club, and for this reason, there is a good turnover of available popular books. Presently George & Julie Gates are responsible for the exchange table, and the storage of the books between monthly meetings; and it is for this reason that we prefer paperbacks; though a really first class hard-cover book will no doubt prove very popular. Happy reading!

Angus Dougall.



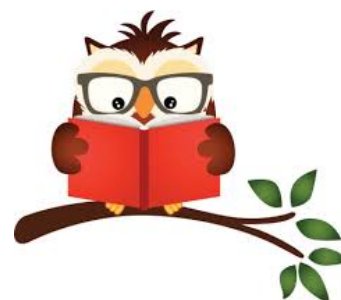
In this irregular series, famous and well known authors have been featured; however, there is a new and bright Australian author who is reviewed this month.

Chris Hammer was a journalist for more than 30 years, including being chief political correspondent for *The Bulletin*, roving foreign correspondent for SBS TV's Dateline, and chief political journalist for *The Age*.

At the height of the 2008-09 drought, Chris Hammer travelled and researched for his non-fiction book - *The River*, to critical acclaim. This drought, and his travels through the Murray-Darling Basin inspired the setting for his debut novel *Scrublands*. This is an absolute standout - a novel you remember long after having read other books.

His follow-up novels are, *Silver*, *Trust*, and *Treasure and Dirt*. He lives in Canberra and has a bachelor's degree in *journalism* and a *master's degree in international Relations*.

Angus Dougall.



DID YOU KNOW THESE THINGS HAD NAMES?

1. The space between your eyebrows is called a glabella.
 2. The way it smells after the rain is called petrichor.
 3. The plastic or metallic coating at the end of your shoelaces is called an aglet.
 4. The rumbling of stomach is actually called a wamble.
 5. The cry of a new born baby is called a vagitus.
 6. The prongs on a fork are called tines.
 7. The sheen or light that you see when you close your eyes and press your hands on them is called phosphenes.
 8. The tiny plastic table placed in the middle of a pizza box is called a box tent.
 9. The day after tomorrow is called overmorrow.
 10. Your tiny toe or finger is called minimus.
 11. The wired cage that holds the cork in a bottle of champagne is called an agraffe.
 12. The 'na na na' and 'la la la', which don't really have any meaning in the lyrics of any song, are called vocables.
 13. When you combine an exclamation mark with a question mark (like this ?!), it is referred to as an interrobang.
 14. The space between your nostrils is called columella nasi.
 15. The armhole in clothes, where the sleeves are sewn, is called armscye.
 16. The condition of finding it difficult to get out of the bed in the morning is called dysania.
 17. Illegible handwriting is called griffonage.
 18. The dot over an "i" or a "j" is called tittle.
 19. That utterly sick feeling you get after eating or drinking too much is called crapulence.
 20. The metallic device used to measure your feet at the shoe store is called Bannock device.
- HOW MANY OF THE ABOVE DID YOU ALREADY KNOW?

Eat the damn chocolate cake.
Walk in the rain and splash in
the puddles. Ride with the
windows down. Dance. Sing.
Talk to strangers. Smile at
everyone. Hug someone. Go
barefoot. Take naps. Make
lots of love. Try new things.
Spend time with kids. Laugh
every chance you get. Help
others.
LIVE LIFE TO THE FULLEST.
NO REGRETS.
LIFE IS WAY TOO SHORT.



Carl Sperker Receiving his OBE.



Welcome Ludmilla Lavrova & Neil Elder

